

A Biking Information Hub for Monterey County

## **BicyclingMonterey.com**

Free resources for visitors and locals, including

### **Tips for Bicycling Monterey County**

*and*

### **H-E-R Helmet Thursdays**

Discounts on Thursdays

for male and female bicyclists at over 200  
Hotels, Educational/Entertainment venues,  
Restaurants, and related spots.

*No fee to participate.*

*A public service project of MariLynch.com.*

Questions? Call Mari Lynch (831) 375.6278

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*Un poquito de información en español sobre las bicicletas:*  
<http://marilynch.com/blog/resources/en-espanol>

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