

HER Helmet Thursdays



Discounts just because you bike in Monterey County! For males and females, locals and visitors.

Bike? Get a 10-50% discount. **When?** Thursdays. **Why?** Be a partner in sustaining HER/Mother Earth and the economy. **Where?** At **H-E-R** businesses and organizations throughout the county—in Big Sur, Carmel, Carmel Valley, Castroville, Del Rey Oaks, Gonzales, Greenfield, Marina, Monterey, Moss Landing, Pacific Grove, Salinas, San Ardo, Sand City, Seaside, Soledad. **H-E-R stands for:** H=Hotels/other lodging; E=Entertainment venues and Educational attractions; R=Restaurants/other food and beverage service. **How?** At **H** places, BYOB/Bring Your Own Bike or rent a bike for a day or longer from any Monterey County shop. At **E & R** places, bike there; then show your helmet, and mention **HER Helmet Thursdays**.



Here are the Charter Participants! Details and additional participants at [Bicycling Monterey website](http://BicyclingMonterey.com).

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| Allegro | Epsilon | Lemon Grass | Round Table, Castroville |
| Alternative Café | Erik's Delicafé, Monterey | London Bridge Pub | Sakura Japanese |
| Amir's Kabob House | Erik's Delicafé, Seaside | Loose Noodle | Salinas Valley Fish House |
| Aquablue Spa | Favaloro's Big Night Bistro | Lopez Taqueria | San Ardo Café |
| Austino's Patisserie | First Awakenings, Pacific Grove | Los Laureles Lodge | Sanctuary Beach Resort |
| Bahama Island Steakhouse | First Awakenings, Salinas | LouLou's Giddle in the Middle | Sandbar & Grill |
| Bahama Grille | Fishwife, Monterey | Maha's Lebanese Cuisine | Sapporo Japanese |
| Baywood Cellars Tasting Room | Fishwife, Pacific Grove | Marisco's, Seaside | Scheid Vineyards, Greenfield |
| Bellagio's Pizzeria | Forest Lodge | Marisco's, Soledad | Scheid Vineyards, Monterey |
| Big Sur River Inn Restaurant | Forge in the Forest | Merlot Bistro | Schooners Bistro on the Bay |
| Brittania Arms | Fox California Theater | Michael's Grill & Taqueria, Salinas | 17 th Street Grille |
| Breakfast Club | Gilbert's Seafood Grill | Monterey Fireside Lodge | The Spa at Bernardus Lodge |
| Bullwacker's | Gino's Fine Italian | Monterey Hostel | Sweet Elena's Bakery & Café |
| Cabo Hermoso | Golden Fish | Monterey Hotel | Taqueria del Mar |
| Café Fina | Great Wall Chinese | Mountain Mike's Pizza, Marina | Taste Café & Bistro |
| Café La Strada | Habanero's Cantina & Grill | Mountain Mike's, W. Alisal, Salinas | Terry's at the Cypress Inn |
| Café Rustica | Happy Dragon | MY Museum | Toasties Café |
| Cannery Row IMAX | Haute Enchilada | National Steinbeck Center | Trailside Café |
| Cannery Row Pizzeria | Henry's BBQ | Papa Chevo's, Monterey | Turtle Bay Taqueria, Monterey |
| Cantinetta Luca | Hola by the Sea | Parker-Lusseau, Hartnell, Mtry | Turtle Bay Taqueria, Seaside |
| Carmel Belle | Hula's Island Grill & Tiki Room | Parker-Lusseau, Munras, Mtry | Vista Blue Spa |
| Carmel Mission Inn | InterContinental The Clement Mtry | Passionfish | Wickets at Bernardus Lodge |
| Carmel River Inn | Island Taco | Pepper's Mexicali Café | Wild Plum Café & Bakery |
| Carmel Tagine Moroccan Cuisine | Jabberwock Inn | Persian Grill | Will's Fargo |
| Central Texan BBQ | Jose's Lounge Underground | Petra | Yangtze's Taste of Thai |
| China Garden | Jose's Mexican, Monterey | Pico de Gallo | Thank you, |
| Courtyard by Marriott | Jose's Mexican, Seaside | Pierce Ranch Vineyards | Charter Participants! |
| Cozumel | Koko's Café | Pino's Café | Add your business or |
| Curly's Barbecue | Krua Thai Café | Plaza Linda | organization to this |
| Cypress Inn | Kula Ranch | Plume's Coffee House | long-term ecology-economy |
| Domenico's On the Wharf | LALLA Lounge | Point Pinos Grill | sustainability project. |
| Duck Club Grill | LALLAgrill | PortaBella, Carmel | Call Mari Lynch, |
| East Village Coffee Lounge | LALLApalooza | Red Brick Pizza, DRO | (831) 375-6278. |
| El Mariachi Restaurante | La Plaza Bakery & Café | Residence Inn by Marriott | See website for details. |
| El Palomar | (all 6 La Plaza locations) | r.g. Burgers, Carmel | |
| El Torito | La Sala's Bi-Rite Deli | r.g. Burgers, Monterey | |
| Elli's Great American | Lamp Lighter Inn | Rosa's La Villa Restaurante | |
| Em Le's | Le St. Tropez | Rosie's Country Store | |

BicyclingMonterey.com