

Tips for Bicycling in Monterey County

Free online guide for visitors and residents

- ✓ **Great reasons to bike in MoCo** (*it's not just about being an eco-tourist*)
- ✓ **Local bike shops, services, clubs, and resources** (*links, listings, stories*)
- ✓ **Routes, maps, suggested rides** (*for various fitness levels and time frames*)
- ✓ **Bike-and-ride options** (*the bus—and other transportation—for people and their bikes*)
- ✓ **Rental info** (*for beginning bikers to conditioned racers, and from infants to elders*)
- ✓ **Maintenance and repair** (*where to get help seven days a week*)
- ✓ **Personal safety** (*including sources for high-visibility apparel and accessories*)
- ✓ **Bike tours (including historic sites) and shopping-by-bike tips**
- ✓ **Shower locations for day visitors** (*Dressy event planned? No need to skip biking!*)
- ✓ **Bike valet parking, bike security**
- ✓ **Local bike community news, features on cyclists, and more**

Compiled by a cyclist and county resident since 1981. Provided free of charge, as a courtesy to visitors and others.

Not online? Have questions? Call Mari Lynch, (831) 375-6278

BicyclingMonterey.com

Also available: Un poquito de información en español sobre las bicicletas:

<http://marilynch.com/blog/resources/en-espanol>