



Be cool.

Know California bike laws. Below are some of them.

Wonder about **sidewalk** riding, or have other concerns? See tips online, or phone.

1. **Earbuds.** Leave one out. *(Bicyclists may not wear earplugs in both ears, or a headset covering both ears. Hearing aids are allowed. California Vehicle Code/CVC 27400.)*
2. **Alcohol/drugs.** Don't get a BUI! *(Bicyclists may not ride while under the influence of alcohol or drugs. CVC 21200.5.)*
3. **Brakes—BMX, fixies, all bikes.** On CA roads, bikes are illegal without brakes. *(Bicycles must be equipped with a brake that allows...a one-braked-wheel skid on dry, level, clean pavement. CVC 21201(a).)*
4. **Traffic lights.** "Same roads, same rules, same rights." *(Bicycle riders on public roads have the same rights and responsibilities as motorists, and are subject to the same rules and regulations. CVC 21200.)*
5. **Ride in the same direction as traffic.** Bikes travel like cars, **not** like pedestrians. *(Bicyclists on the shoulder of a roadway must ride in the same direction as the traffic. CVC 21650.1.)*
6. **Proper lane usage.** See tips and details online. *(CVC Section 21202 - Operation on Roadway.)*
7. **Permanent seat.** *(The bicycle must have a permanent seat. Passengers must have a separate seat. [Passengers] under four years old, or weighing 40 pounds or less, must be restrained and protected from moving parts of a bicycle. CVC 21204.)*
8. **Helmets for minors.** If you're under 18, not wearing one may result in a ticket. *(Bicyclists and bicycle passengers under age 18 must wear an approved helmet... CVC 21212.)*
9. **Lights, reflectors.** The following equipment is required on bicycles ridden at night *(CVC 21201)*. Local bike shops have great selections. You can also rig up your own lights from inexpensive supplies. See tips online.
 - A white headlight, or white lamp attached to the rider, visible from 300 feet in front of and from the sides of the bicycle
 - A red reflector visible from 500 feet when illuminated by a motor vehicle's headlights
 - A white or yellow reflector on each pedal visible from 200 feet to the front and to the rear of the bicycle
 - A white or yellow reflector on each side of the front of the bicycle, and a white or red reflector on each side of the back of the bicycle, or reflectorized tires

Be safe.

Follow safe riding practices—and advocate for better infrastructure.

At BicyclingMonterey.com, learn how to advocate for bike lanes and other infrastructure improvements.

Also on the website: Tips for Bicycling Monterey County, a 20-section guide; Monterey County Bicycling Resources, a 30-section guide to bike community leaders; Master Calendar for Bicycling Monterey County, including activities, events, meetings, and socials open to the public; bike-and-ride tips; the HER Helmet Thursdays project—over 200 businesses and organizations with discounts on Thursdays for males and females who bike; and much more.

BicyclingMonterey.com AKA BikeMonterey.org

Questions? Not online? 831.375.6278

Leyes de ciclismo de California – y más recursos sobre transporte en bicicleta, vaya a <http://marilynch.com/blog/resources/en-espanol>