

Un poquito de información en español sobre las bicicletas:
<http://marilynch.com/blog/resources/en-espanol>

Bicycling Monterey

An Information Hub for Biking Monterey County

- master calendar of countywide bike activities and events, from bike skills classes to social rides and more
- Castroville's bilingual mobile bike repair service + 32 sections of add'l local biking resources, *from* Emergency Ride Home *to* where to report a pothole *to* high school teams for any student
- riding skills, bike laws, and safety—for children, teens, adults
- taking a bike on MST bus, and other bike-and-ride tips
- bike parking and bike security (how to prevent bicycle theft)
- night riding tips, including equipment requirements
- where to ride: bike paths, lanes, routes, and maps
- children and teens section, including bike-to-school info

Tips for bicycling Castroville

<http://bit.ly/bikecastroville>

including list of North Monterey County

HER Helmet Thursdays spots (discounts for males & females who bike) in Castroville, Moss Landing, Pajaro, Prunedale

www.BikeMonterey.org

Not online? Questions? Phone (831) 375-6278

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