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For Immediate Release

Photos Available

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4th Annual Intergenerational Ride Celebrating Bike Month

MONTEREY, Calif., April 14, 2015— In support of the Transportation Agency for Monterey County's 2015 Bike Month observance, the [4th Annual Intergenerational Ride](#) will take place on Saturday, May 9, beginning at 10 a.m. This is a free, family-friendly event for visitors and locals of all ages and abilities and is coordinated by Mari Lynch, Bicycling Monterey.

Riders will gather at the Fort Ord Dunes State Park parking lot. Representatives from Monterey County's diverse bike community will offer brief introductions before pedaling begins.

The ride departure point at Fort Ord Dunes is in a Class I (no cars) section of the Monterey Bay Sanctuary Scenic Trail system that is less heavily traveled and includes beautiful coastal views. The trail here features three paved lanes: a striped two-lane path for bicyclists, and an adjacent lane for pedestrians.

All non-motorized bicycles are welcome. This includes BMX, cargo, commuter, cruisers, fixed gear, lowrider, mountain, recumbent, road, tandem, trail-a-bike, trailers, vintage, and other people-powered bicycles.

Refer to share-the-trail etiquette and bike law summaries at www.bikemonterey.org. Helmets are required by CA law for people under age 18.

If desired, riders may be grouped with others according to preferred pace and distance. Many riders will bike seven miles to Monterey's Custom House Plaza, where they will stop for lunch and visiting before a leisurely bike ride back to the Fort Ord Dunes starting point.

A complimentary mobile bicycle mechanic will provide minor, on-the-spot maintenance for Intergenerational Ride participants, such as repair of a flat tire or tangled chain. This free service will be provided from Fort Ord Dunes to Custom House Plaza and back by a certified mechanic, courtesy of Bay Bikes of Carmel and Monterey.

Experienced riders will be on hand to lend support and share info. Among these will be representatives of Naval Postgraduate School Foundation Cycling Club and Velo Club Monterey; Frank Henderson, a League of American Bicyclists licensed, certified instructor; Roy Pina of Shoreline Outdoors; and Mari Lynch, Bicycling Monterey. Other local bike advocates planning to attend include Lincoln Elementary School cycling club members; MacGregor Eddy, the *Californian's* "We Could Car Less" columnist; and Ariana Green, bicycle and pedestrian coordinator for the Transportation Agency for Monterey County.

A disabled-accessible toilet is located at the Fort Ord Dunes parking lot. There are nearby benches with sweeping views of the coast, as well as a boardwalk and signs about the area's history and natural features.

Those not biking to the Fort Ord Dunes departure point may wish to use the bike-and-ride option of Monterey-Salinas Transit (MST / "The Bus"). For tips on taking a bike aboard the bus and about MST routes nearest Fort Ord Dunes, as well as driving directions and all other details about the Intergenerational Ride, see www.bikemonterey.org. Info is also available by phone, (831) 375-6278.

Bring your own drinking water. Bring your lunch, or money to purchase lunch nearby. Sunscreen and sunglasses are advisable. Dress in layers, and for possible fog or wind.

In May 2009, Mari Lynch founded Bicycling Monterey as a public service. She continues to provide the Bicycling Monterey website and projects as a volunteer, in collaboration with the community. Since 1981, Mari is a resident of rural Monterey County and the owner of Fine Wordworking.

For additional Monterey County Bike Month activities, check the www.bit.ly/BikeCalendar at www.bikemonterey.org.

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About Fine Wordworking

Fine Wordworking was established in Monterey County in 1981 by Mari Lynch Dehmler. Fine Wordworking provides writing, editing, and related services for literary, business, and personal projects. Fine Wordworking also serves as a project director, collaborator, and consultant for projects ranging from website navigation to public service endeavors. www.finewordworking.com